

Hash for MS

Proceeds benefit the Virginia-West Virginia Chapter of the National Multiple Sclerosis Society

Date: May 19th

Time: 10:00 AM

Entry fees: \$20. Includes appetizers and non-alcoholic beverages. Cash or check only. Make checks out to "NMSS."

Join us for our first hash fundraiser. This is a running/walking event for runners, non-runners, and beer drinkers alike. The runners/walkers (hounds) don't know the route ahead of time but it will be clearly marked with flour and chalk by the hare(s) who get a 12 minute head start. Kudos to those who "snare the hare" before they have completed the marking of the true trail.

Start and finish:

**Tapped Craffhouse—Red Mill Commons
2181 Upton Drive
Suite 400**

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Sponsored by:



**National
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